

Cross To Light

Haiti Registration Pack

Thank you for your interest in serving at the Cross to Light Bible Training Center in Haiti. A Pastor and team of volunteers come over for one week to teach through one book of the bible. As a select group of Haitian young men are led and disciplined through the bible, verse by verse, they are built up in the Lord. The daily schedule includes bible teaching in the morning and various outreach opportunities in the afternoon. Please pray about giving one week for this service. Each week of bible training, evangelism and outreach makes a lasting impact on this special group of young leaders and the Haitians that live in the surrounding areas.

Please review the following material carefully. If, after reading this packet, you have any questions or need assistance please contact us through e-mail at admin@crossstolight.com or at (888)412-7677, option 3.

Items to Mail/Fax to Cross to Light:

The following documents and/or items must be delivered to Cross to Light before your trip arrangements can be completed. Please fax the documents to: 888-412-7677. If you have a digital copy you may email them to admin@crossstolight.com. If you need assistance please call Brandy Lee at 888-412-7677x712.

1. Registration Form – Page 2
2. \$350/Week Ground Fee Deposit Mailed or Paid Online
3. Liability Waiver – Page 3
4. Emergency Form – Page 4 & 5
5. Contingency Plan – Page 11
6. Copy of Passport
7. Flight Itinerary

Cross to Light Contact Information

U.S. Phone Numbers:

Cross to Light Missions Coordinator - Brandy Lee: 011-877-412-7677x712

Haiti Bible Training Center Director - Pastor Brian McDaniel: 011-877-412-7677x710

Other Haiti Contact Information

US Embassy: <http://haiti.usembassy.gov/>

Tabarre 41, Boulevard 15 Octobre

Port-au-Prince, Haiti

Monday through Friday from 1:00 p.m. to 3:00 p.m.

509) 2 229-8000 / 2 229-8397

Haiti Registration Form

Date: ____/____/____

First Name: _____ Last Name: _____

Phone: _____ Email: _____

Church: _____ Role: _____

Address: _____

City: _____ State: _____ Zip: _____

Have you been on a short-term mission trip before?: _____

How did you hear about this ministry?: _____

What week of what month do you prefer?: _____

Budget:

We require a \$350/week ground fee deposit for your trip to be received by our office no later than 15 days prior to your departure. The deposit check or money order can be mailed to Cross to Light, PO Box 27361, Santa Ana, CA 92799. If you would like to pay online you may do so at www.crosstolight.com and click on “Donate”.

The deposit is **non-refundable**. It is a tax deductible donation. An annual statement will be provided to you for tax reporting purposes. If you cancel your trip the deposit amount will be applied to the Haiti ministry division of Cross to Light. The deposit amount covers all cost paid to Cross to Light. All other expenses will be paid separately by you. We ask you to book your own flights and pay for all other potential costs separately. The total primary and potential cost of your trip is outlined as follows;

Primary Costs;

Flight (Average Cost)	585
Ground fee for 1 Week Paid to Cross to Light: Accommodation/Meals/Transportation	350
Luggage fee for 2 nd check-in suitcase	\$35
Sub-Total	\$970

Potential Costs;

Passport	97
Passport Photo	15
Immunizations/Anti-Malarial Medication	300
Travel Insurance	25
Extra cash for items such as potential overnights in Miami or New York, meals in airports, gifts, etc.	100
Sub-Total	\$537

Fund Raising

When raising funds for your trip, people may write checks payable to Cross to Light so they can receive a tax deduction. Ask your sponsors to write your name in the memo section of the check or online payment. Please mail your payment to Cross to Light, PO Box 27361, Santa Ana, CA 92799 or pay online at www.crosstolight.com and click on “donate”.

Cross to Light Haiti Liability Waiver

Please sign and return the "Release from Liability" to our office with your deposit.

That the undersigned being of lawful age, for sole consideration of being allowed and permitted to be a guest of Cross to Light in the year 2011 does hereby and for my heirs, executors, administrators, successors, and assigns, waves all rights, demands and claims whatsoever and releases, acquits and forever discharges Cross to Light, and its agents, employees, servants, and successors of all claims, actions, causes of action, demands, rights, damages, costs, loss of service, expenses and compensation whatsoever, which the undersigned may hereafter accrue, on the account of or in any way growing out of any or all foreseeable and unforeseeable injuries and damages and expenses arising out of all Cross to Light activities, including any active, passive, primary or secondary negligence or fault by Cross to Light, and it's agents, employees, servants, and successors, the undersigned forever discharges Cross to Light and its agents, employees, servants, and successors of any and all responsibilities, obligations and duties for said injuries, damages, and expenses relating to any and all activities of Cross to Light.

It is understood that this Waiver and Release is a waiver of any and all rights, demands and claims whatsoever by the undersigned against Cross to Light, its agents, employees, servants, and successors, during any and all activities involving Cross to Light, whether in the state of California, any other state or territory of the United States, any other nation or country and all international waters.

It is further understood and agreed that all rights under SECTION 1542 of the Civil Code of California and any similar law of any state or territory of the United States or any other nation or country are hereby expressly waived. Said Section 1542 reads as follows:

"1542 Certain claims not affected by general release

A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor".

The undersigned hereby declares and represents that any injuries sustained during any and all activities with the Cross to Light, from any and all causes whatsoever, may be permanent and progressive, and that recovery there from is uncertain and indefinite and in making this Waiver and Release, it is understood and agreed that the undersigned relies wholly upon the undersigned's judgment, and this Waiver and Release is made without reliance upon any statement or representation of the party or parties herby release, or their representatives.

The undersigned further declares and represents that no promise, inducement or agreement not herein expressed has been made to the undersigned, and that this Waiver and Release contains the entire agreement between the parties hereto, and that the terms of this Waiver and Release are contractual and not mere recital.

This waiver covers this current trip and all future trips to any Cross to Light center in Haiti.

THE UNDERSIGNED HAS READ THE FOREGOING WAIVER AND RELEASE AND FULLY UNDERSTANDS IT.

Signed this _____ day of _____, 20_____.

Name of the Cross to Light Traveler/Volunteer _____.

Signature _____.

(Signature of Legal Guardian if under 18) _____.

Emergency Medical Information

Please note: This information will be held confidential between the participant, team leader, RN on the ground in Haiti, and any necessary medical professional in the event of an emergency. **Please fill out the "Emergency Form" information sheet and carry it with you while traveling in the event of an illness or injury.**

Personal Information:

Your Name: _____ Date of Application: ____/____/_____
 Address: _____
 Birth date: _____ Gender: _____ Drivers License Number: _____
 Name exactly as it appears on your passport: _____
 Passport number: _____ Passport Expiration Date: _____

In case of emergency, please contact:

Name: _____ Relationship _____
 Address _____
 Email: _____ Skype: _____
 Phone Day () _____ Night () _____

Missions Medical Questions:

Are you up-to-date on all of your travel immunizations? (Tetanus, Typhoid, Hep A&B) _____
 Date of last Tetanus Shot _____
 Do you have a strong constitution, very healthy / free from any health issues? _____
 If no, list why: _____
 Are you willing to be hot, cold, hungry & tired? _____
 Special Diet: _____
 Please give an explanation to any of the above if needed: _____

Any hospital / medical practitioner without access to your full medical history may need the following information:

Allergies to medicine, food, etc. _____
 List all current medications and purpose: _____

Are you pregnant? What stage? Do you plan to get pregnant within 3 months? Who is your Obstetrician?

Physical impairments: _____
 Other?: _____

Personal Physician:

Name _____
 Address _____
 Phone Day () _____ Night() _____

Personal Health Insurance Coverage:

Company _____ Policy Number _____
 Contact Number(s) _____

Heart History:

1) Do you or any family member have a history of high or low blood pressure? _____
If yes, please tell us who _____

2) Have you or any of your family members ever had a heart problem? _____
If yes, please indicate who, and the date of occurrence, by the specific shown below:

a. heart attack _____ c. angina _____

b. irregular heart beat _____ d. other _____

3) Do you see a cardiologist (heart doctor)? _____
If yes, who is your cardiologist, what is the date of your last visit? _____

Psychiatric Health History:

Have you been diagnosed with a psychiatric disorder, if so, what? _____
If yes, what (if any) medication do you take for this? _____

Other:

1) Do you have an immunosuppressive disease or take immunosuppressive meds? _____

2) Do you have any other medical problems that we should be made aware of? _____

Please specify: _____

Agreement:

I agree that the above information is complete and true, and take full responsibility for my own health while serving in Haiti with Cross to Light. I am aware of the risk involved if I choose to go to Haiti without medical insurance/s and/or without getting the strongly recommended vaccines and/or medications. I release this information for Cross to Light to share with any medical professional who might require to know about my medical background in order to provide care for me.

Signature: _____ Date: _____

Please Print Name: _____

If the participant is under 18:

Parent / Legal Guardian Signature: _____ Date: _____

Print Parent / Legal Guardian Name: _____

Haiti Travel Preparation

Travel Insurance

You are required to be covered by international medical insurance. Your current insurance may already cover travel. If it does not we suggest Seven Corners. You can visit this link to process a policy that covers your travel time. The cost is typically \$25 per week: https://groups.sevencorners.com/quote_one.cfm?cipher_id=FG3GHFANZR. When filling out the online form, "units" is the number of people you are signing up for insurance. Click on the "Change All" button in the top right corner and in the pop-up select your age range. Then enter your name, DOB in the Applicant Information area. In the Organization area enter in: Cross to Light, Brandy Lee, 888-412-7677x712, 888-412-7677, admin@crosstolight.com, PO Box 27361, Santa Ana, CA 92799 and finally "Continue". You will then need to enter in your billing information and an email where you would like the Insurance information sent. Double Honor Insurance can be reached at: 877-298-9678.

Immunization

It is recommended that you get all the necessary immunizations. Contact your local health department or the Center for Disease Control and Prevention at www.cdc.gov/travel or call (800)232-4636 for the most current information on what shots are recommended.

If your immunizations include an anti-malarial prescription we do not recommend that you use Lariam (also known as mefloquine), as it has serious side effects that may include hallucinations, headaches, vivid dreams or nightmares, mood changes (in some cases even psychotic behavior), tremors, loss of coordination, numbness in hands and feet, ringing in the ears, vision changes, blurred vision, dizziness, drowsiness, diarrhea, nausea, stomach pain and, in some cases, irregular heart beat. One recommendation is Doxycycline. Please ask your Doctor.

You may want to ask your Doctor about a Cholera vaccine such as Dukoral. Cholera is largely preventable by adhering to anti-bacterial hygiene practices and getting plenty of water.

Make a copy of your immunization certificate. Leave this copy in the US and bring the original with you.

Passport

Be sure that your passport is valid for at least 6 months after your date of departure. The airlines will not allow you to board if you do not have at least 6 months left before your passport expires.

Please make three black and white copies of your passport. *Carry one set of copies with you* for personal use in Haiti, *leave a copy at home and notify someone of its location* and fax one copy to the Cross to Light office with your application. If you lose your original documents, these copies can aid in your attempt to get new ones.

Flight Itinerary

Before you book your flight please coordinate dates and times with Cross to Light to assure transportation to and from the airport and to confirm the correct week time slot. **Please do not book your flight(s) to arrive or depart on Sunday.** Our transportation staff serves at church on Sunday. Sunday pick-up and drop-offs place an avoidable strain on our staff. After you have confirmed the flight date and time and have booked your flight (and your group if applicable) please email or fax the flight information to Cross to Light.

What to Pack

You are allowed one free checked bag that has a weight maximum of 50 pounds, one carry on and one personal carry on item if you are flying on Delta or American Airline. A second checked bag up to 50 pounds cost an extra \$35. Additional weight or bags cost an extra fee. Please check the airline you book your flight with to confirm the luggage allowances.

We ask that you bring in TWO checked bags filled with supplies. This is very important in helping us to sustain the training center and for providing relief aid supplies that we distribute. You will be provided with a needs list of items to choose from to fill the checked bags with. Some suggestions include protein bars, dried pasta, canned tuna or chicken, oatmeal, raisins, trail mix, dried fruit, items from the 99 cent store such as Children's Tylenol, baby aspirin and gummy vitamins. It is always a good idea to leave some space open in your carry on just in case your checked bag is over the weight limit. If it is then you can shift some of the weight into your carry on and avoid extra, unexpected baggage fees. Weighing your checked bags before you leave home is another good way to avoid too much weight in the checked bag.

We ask that you utilize two 50 lb checked bags for supplies and your carry-on and personal item (back pack) for your own packing needs. For your own packed items we recommend the following to be included;

- **Bible**
- Medications: To avoid problems with customs, keep medicines in their original packaging with labels. Bring a copy of your prescriptions and generic names for drugs.
- Clothing: Travel light – bring clothing that can be hand washed and does not need to be ironed. You may be able to hand wash your clothing during your trip so bring some detergent. It's perfectly FINE to wear things for two days in a row or more. Haiti is hot, humid and has mosquitoes. It is recommended to wear clothing that will help protect against mosquitoes and yet is not too hot.
 - Closed toed shoes like hiking boots or tennis shoes. Tall close knit socks are recommended.
 - Pants and long sleeve shirts help protect from mosquitoes. Dresses to the knee, jeans, pants, and skirts to the knee are all fine to wear. **No low cut shirts, shorts or attire that is revealing please.**
 - A hat is good to block the sun.
 - A light water proof wind breaker may be needed.
- Personal Items:
 - **Ear plugs** – sounds at night such as roosters that you are not used to may keep you up unless you have ear plugs.
 - Bring an empty water bottle for the flight; it is easy to get dehydrated. The stewardesses will be happy to show you where you can re-fill it on the plane. It is a good practice to drink 2-4 liters in the course of the flight and while in Haiti. Staying well hydrated will also help reduce jet lag.
 - Some bottled water in your checked bag for your own use.
 - Sunscreen
 - **Mosquito Repellent: Prepare yourself to avoid mosquitoes!**
 - Supplements to ingest that help detract mosquitoes: Garlic, Vitamin B1 – 100/mg/day
 - Suggested Topicals;
 - “Repel Lemon Eucalyptus Insect Repellent” (Reapply every 3 hours)
 - Citronella Oil (Reapply every hour)
 - Clothing Treatments: “Sawyer Permethrin Insect Clothing Repellent” Spray
 - Personal toiletries + shower towel
 - Worship music (iPhone, CD's or other device)
 - **Anti-bacterial hand gel or anti-bacterial wet wipes.**
 - **Snacks** – Bring enough snacks for your personal use to last your entire trip to supplement the Haitian meals that mostly consist of rice and beans. Snack suggestions include; protein bars, granola bars, nuts, dried fruit, trail mix, beef jerky, etc-- think PROTEIN.
 - A large jar of your favorite kind of peanut butter.
 - Hydration: It is very humid in Haiti. Hydrators and electrolyte powder such as Gateraide's, “Propel”, are good to bring. These, along with the protein bars, also make **very** helpful gifts to hand out in the tent cities.
 - Flashlight (we recommend an LED type- they last longer and are more powerful) with extra batteries.
 - A journal
- Electronic Devices:
 - You do not need adapters for electronic devices that you bring. For your camera bring plenty of film or storage cards.
 - Money: Most people spend about \$100 for unexpected fees, meals eaten at the airport, tips, etc... It is best if you bring cash with you to avoid the \$8 ATM fee in Haiti. If you want to purchase anything in Haiti it is best to have the dollar converted to “goods” and have one of our staff make the purchase for you.

Arriving in Haiti

Weather

The weather is typically hot and humid with occasional showers. On average the temperature is 92 degrees during the day and 72 degrees at night.

Port au Prince

One of our staff will be meeting you at the airport in Port au Prince and will have a sign that says "Cross to Light". In the event our driver is not there to meet you please refer to the contact information provided to you on your Travel Sheet given to you before your departure by the mission's coordinator.

If questioned about your luggage, inform the customs officer that you are here to serve for one week with an NGO (Non-Governmental Organization, basically an aid or relief agency) and everything in your possession is for your **personal use**, nothing will be sold. From the airport, you will be escorted to your accommodations.

At the Bible Training Center

Expect a security briefing and a schedule update.

Please be sensitive with pictures. Haitians in general do not like their picture taken. At the training center use discernment about when to take pictures.

While You Are Away

If your family experiences an emergency, please have them contact our office. Our office staff knows how to get in touch with Cross to Light team members in Haiti. **No news is good news.** Phone calls from Haiti to the US are fairly expensive and can be difficult to place. Please, instruct your family members not to call our US office for a daily report. Our accommodations have limited Internet access where you may be able to access your web-based email. The Bible Training Center does have limited Internet access. You will need web-based email account access similar to yahoo.com or gmail.com which both offer free email accounts via the web. Ask your email provider if you already have that capability. There is also an Internet café near the training center.

Code of Conduct

All Cross to Light missionaries are expected to adhere to the standards set forth below. As a missionary in a foreign country, you are an ambassador for Jesus Christ and for Cross to Light. Through all that we do and say, we want God to work through us as a team to glorify Himself and demonstrate His love to others.

Fellowship

The most common reason that short-term mission's teams experience difficulty is interpersonal conflict within the team. In order to function as a team, it is important to have a common understanding of acceptable attitudes and behavior prior to going to the mission field. Here are some basic guidelines for how to behave toward those around you.

Daily Devotion

...for without Me you can do nothing. – John 15:5

Team members should seek ever-increasing dependence upon and a deepening relationship with, God through Christ by making it a daily priority to spend personal time in prayer and the Word.

Be a Servant

...being like-minded, having the same love, being of one accord, of one mind. Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interest, but also for the interests of others. – Philippians 2:2-4

The needs of other team members should be placed ahead of one's own. Team members should seek out understanding in all of their relationships, respecting each other by submitting to one another out of reverence to Christ (Ephesians 5: 21). This includes listening to each other's opinions, ideas, and needs; and respecting each other's time, property and sleep.

With Locals

You are our epistle written in our hearts, known and read by all men' you are manifestly an epistle of Christ, ministered by us, written not with ink but by the Spirit of the living God, not on tablets of stone but on tablets of flesh, that is, of the heart. - II Corinthians 3:2-3 As you experience this vastly different culture, keep your eyes fixed on Jesus, His love and His desired path for the people of Haiti.

Accountability

Be wise as serpents and innocent as doves. In all of your actions on this trip, you are accountable to God first of all. You must also agree to be accountable to the team leaders, supervisors, and other members of the team.

Responsibility

Let love be without hypocrisy. Abhor what is evil. Cling to what is good. Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; not lagging in diligence, fervent in spirit, serving the Lord; rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; distributing to the needs of the saints, given to hospitality. Bless those who persecute you; bless and do not curse. Rejoice with those who rejoice, and weep with those who weep. Be of the same mind toward one another. Do not set your mind on high things, but associate with the humble. Do not be wise in your own opinion. Repay no one evil for evil. Have regard for good things in the sight of all men. If it is possible, as much as depends on you, live peaceable with all men. - Romans 12:9-18 Team members are expected to carry out tasks in a responsible and timely manner and to handle all ministry equipment and assignments as tools and gifts that the Lord has entrusted them with.

Team Unity

Just as each of us has one body with many members and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others. We have different gifts, according to the grace given us - Romans 12:4-6. Team members should realize and respect that each team member has unique gifts and that the Lord has called us to act as a single, cohesive body for HIS glory.

Flexibility

For though I am free from all men, I have made myself a servant to all, that I might win the more; and to the Jew I became as a Jew, that I might win the Jews; to those who are under the law, as under the law, that I might win those who are under the law; to those who are without law, as without law (not being without law toward God, but under law toward Christ), that I might win those who are without law; to the weak I became as weak that I might win the weak I have become all things to all men that I might by all means save some. Now this I do for the gospel's sake, that I may be a partaker of it with you. - 1 Corinthians 9:19-23 Pastor Chuck Smith said, "Blessed are the flexible, for they shall not be broken." Haiti is not like any other place you have been too. It is not predictable and the best well laid plans are often very difficult to carry out. Team members should be flexible in their attitudes, actions, and circumstances as they allow Christ's purposes to be carried out through them.

Travel

For safety reasons, you are not allowed to travel alone or to do any extra traveling while in Haiti with Cross to Light.

Conflict Resolution

"If your brother sins against you, go and tell him his fault between you and him alone. If he hears you, you have gained your brother." Matthew 15:18 "Therefore, if you bring your gift to the altar, and there remember that your brother has something against you, leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift. - Matthew 5:23-24 "Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted." Galatians 5:3 Therefore, putting away lying, each one speak truth with his neighbor, for we are members of one another. 'Be angry and do not sin': Do not let the sun go down on your wrath, nor give place to the devil...Let no corrupt communication proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. And do not grieve the Holy Spirit of God, by whom you were sealed of the day of redemption, let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, just as God in Christ also forgave you. - Ephesians 4:25-27, 29-32 It is clear in the Word that the Lord does not want disagreements between members of the body to remain unresolved and develop into deep-rooted festering resentment. As members of a diverse body, you must anticipate that you may not always agree with your fellow team members. When a conflict does arise, do not allow resentment to build. Do not begin to gossip among the other team members about the conflict, this only sows seeds of discord and hinders the ministry that the Lord has you there to perform. Remember to always deal with your fellow brethren in love, submitting to one another in the fear of God, especially when it comes to conflict resolution. Always be willing to admit if you are wrong. Be swift to ask for forgiveness if you have wronged someone, and be even swifter to grant forgiveness if you have been wronged. If you are absolutely unable to resolve the conflict between the two of you, and mediation is needed, go to your team leader, once again, in a loving manner befitting a servant of Christ.

Being Above Reproach

Now concerning things offered to idols: We know that we all have knowledge. Knowledge puffs up, but love edifies. And if anyone thinks that, he knows nothing yet as he ought to know. But if anyone loves God, this one is known by Him. Therefore concerning the eating of thing offered to idols, we know that an idol is nothing in the world, and that there is no other god but one. For even if there are so-called gods, whether in heaven or on earth (as there are many gods and many lords), yet for us there is only one God, the Father, of whom are all things, and we for Him, and one Lord Jesus Christ through whom are all things, and through whom we live. However, there is not in everyone that knowledge; for some, with consciousness of the idol, until now eat it as a thing offered to an idol; and their conscience being weak is defiled. But food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse. But beware lest somehow this liberty of your become stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of you knowledge shall the weak brother perish, for whom Christ died? But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food makes my brother stumble, I will never again eat mean, lest I make my brother stumble - 1 Corinthians 8:1-13. NO ALCOHOL, NO TOBACCO, NO EXCEPTIONS.

Other Terms

Content

All images and content taken at any of Cross to Light's facilities or written about Cross to Light's facilities are copyright content of Cross to Light. If you would like to distribute images and content about the facilities we ask that you include a source link to the Cross to Light website with the content that has been distributed. Distribution can include but is not limited to content made available online, in a social network or in an email for personal use.

Continuence

This Registration Pack covers all future mission trips through Cross to Light. Unless your information changes you do not have to fill out another Registration for secondary and subsequent mission trips to the Haiti Bible Training Center or other Cross to Light facility.

Contingency Plan

Cross to Light has a contingency plan should an emergency arise. You are required to follow their instructions without hesitation and without question in the event of an emergency. You will be briefed upon arrival about the current security situation.

I have read and agree to the Code of Conduct & Other Terms.

Signed this ____ day of _____, 20____.

Name of the Cross to Light Traveler/Volunteer _____.

Signature _____.

(Signature of Legal Guardian if under 18) _____.